

Please rate the intensity of the stress reaction to the following events by checking or marking the appropriate box.

None to Mild	Mild to Moderate	Moderate	Moderate to Severe	Severe
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Item	1	2	3	4	5
1 Receiving a present					
2 Having personal objects or materials out of order.					
3 Waiting to talk about a desired topic.					
4 Having a change in schedule or plans					
5 Being in the vicinity of noise or disruption by others					
6 Waiting for preferred events					
7 Having a cold					
8 Being touched					
9 Having personal objects or materials missing					
10 Having a change in task to a new task with new directions					
11 Going to the store					
12 Being prevented from completing a ritual					
13 Having a change in environment from comfortable to uncomfortable					
14 Being prevented from carrying out a ritual					
15 Moving from one location to the next					
16 Playing with others					
17 Having a change in environment from familiar to unfamiliar					
18 Receiving activity reinforcement					
19 Having something marked as correct					
20 Being in the vicinity of bright lights					
21 Following a diet					
22 Having unstructured time					
23 Being allowed to attend a party or favoured event					
24 Receiving a reprimand					
25 Transitioning between preferred and non preferred activity					

Comments:

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None to Mild	Mild to Moderate	Moderate	Moderate to Severe	Severe
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Item	1	2	3	4	5
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Comments:

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Item			1	2	3	4	5
		FEARS					
	50	Fear of animals					
	51	Fear of water (pool, lake, ocean, etc)					
	52	Fear of crowds					
	53	Fear of closed spaces					
	54	Fear of the dark					
	55	Fear of being left alone					
Comments:							
		Life Stressors					
	56	Going to the doctor or dentist					
	57	Having seizures					
	58	Having a new sibling					
	59	Moving to a new house					
	60	Moving to a new school					
	61	Having parents getting divorced					
	62	Having a parent re-marry					
Comments:							

If possible, transfer scores onto summary sheet and obtain average scores. Please return completed forms to me. I will contact you once I have reviewed materials.

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Thank You

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